

## FAQ for Birthday Parties

### **Q. Is your child and friends ready to have some fun?**

**WE ARE!** One hour of activities start off the party. We do engaging warm ups with the party goers then move onto obstacle courses, trampoline fun, trapeze, pit, games and lots of fun. After the hour in the gym, we head downstairs to the party room for an hour of “Happy Birthday” with your refreshments and opening of gifts.

### **Q. How many total children are included in the party?**

Different Party types allow different number of participants as noted below. We do not recommend over 25 children, but may be able to accommodate up to 30 children if we have extra staff available.

**Classic party** for 1-15 children (including the birthday child) \$210~  
includes 18 party invitations

**Deluxe party** for 17-20 children (including the birthday child) \$240~  
includes 23 party invitations

**Mega party** for 22-25 children (including the birthday child) \$280~  
includes 28 party invitations

**YOU MAY Upgrade your party up to 7 days prior to your party date.  
No party downgrades are allowed.**

- We do not include parents, guardians, or your adult guests in the total. They MUST stay seated during the party and are NOT allowed on the equipment. Sometimes, we may ask for additional adult assistance for parachute games and other activities to keep the children on task. PLEASE MAKE SURE ADULTS KNOW THEY ARE NOT ALLOWED ON THE EQUIPMENT.
- Any child participating in any part of the activities is included in your head count.
- Please add \$15 per child for each additional participant over your selected party type the day of the party in cash or check payment.

**Q. What do I need to provide for the party?**

The family provides the refreshments and the utensils for the food you choose to provide. Don't forget the candles (if you want them for your cake or cupcakes) and knife to cut the cake. We provide white plates, cups, napkins and table cover. You are welcome to provide party favors for your participants at your discretion.

**Q. Will my party have a party host the entire time of my party?**

A. Most definitely. Your party host or leader is there from greeting your guests to cleaning up. The party leader will organize and lead your party with a variety of fun games and activities. Your host will set-up your party room, serve your guests, and assist you in any way possible to make your party the ULTIMATE birthday party experience! Your host will take care of all the clean-up too! She is there to help make your party easy!

**Q. Am I allowed to tip the party host?**

A. Tipping is appreciated but not at all expected. You can tip if you feel the party leader, host and assistants has given outstanding service and helped to make your party a big hit with the children. Any tips received are split by the staff. Tips should only be considered if the staff went above and beyond in making your child's party exceptional.

**Q. What decorations am I allowed?**

A. Harford Gymnastics allows any table decorations such as balloons, napkins, paper plates, cups and tablecloths but we like to know this in ADVANCE because we provide (free of charge) white plates, cups & napkins along with white table cloths. We ONLY provide paper products for the children participating, so if you plan to provide food for the adults you need to bring paper products for that. We do not allow items to be taped to the walls or ceilings. We can NOT allow pinatas.

**Q. What type of food is allowed at the birthday party?**

A. We do not provide any food for the party. Cupcakes, juice boxes, and ice cream cups work best as treats during your birthday party but you may bring what you choose. We do have a refrigerator and freezer upstairs in the lobby if you need it. Bel Air Dominos Pizza (410-836-0880) offers a special price for 3 or more pizzas for Harford Gymnastics parties. Also, Seasons Pizza (410-569-1980) also delivers here with a discounted price.

**Q. Can we serve alcohol for the adults?**

A. Because our birthday parties are for children, there is no alcohol allowed. Also, there is no smoking permitted anywhere on the premises.

**Q. How early should we arrive for the birthday party?**

A. We suggest at least 5-10 minutes prior to your scheduled birthday party time, depending on how much you have to bring in from your car. If you should arrive too early, your party guests may need to sit and wait patiently while the other party is finishing up. Your guests will wait in the lobby. If you are the first party of the day, you will be advised to take your party items downstairs. If you are not the first party, you will put your items in the lobby for your party hostess to take downstairs once the other party finishes while you start your gymnastics activities with the party leader. Your birthday party will start on time, so please remind your guests to arrive on time.

**Q. What about invitations?**

A. Harford Gymnastics supplies you with party invitations that you can pick up at our counter. If you can't get by for the postcard invitations, you can download from our website. Additional paper invitations are available at our counter for a cost of 5 for \$2.00.

**Q. Do participants need a waiver to participate?**

A. YES! Each participant will be required to have a parent or legal guardian sign a waiver prior to participation. They can sign our waiver sheet when they arrive. If they will not be bringing their child to the gym for the party, they should send a signed waiver with their child. You can get download the waiver from our website.

**Q. What should guests wear to the party?**

A. Your guests should wear comfortable clothes – t-shirt with shorts or a leotard if they have one. They will go into the gym in bare feet. It's best not to wear anything with buttons, buckles, zippers, belts or rivets. Also, please remove all jewelry. If your guests have long hair, it needs to be put in a ponytail if possible.

**Q. Will I be charged for infants or adults attending the party?**

A. NO. But please keep in mind that babies and adults will NOT be allowed on any of the equipment. We really need all adults to abide by this policy. Adults are welcome to sit and watch. ***ALL ADULTS must take off their shoes to come into the gym.*** Otherwise, they are welcome to wait in the lobby.

**Please call 410-877-8686 for more party info**