



**PIVOT**  
PHYSICAL THERAPY

# CONCUSSION

Rehabilitation & Management Program

## **Have you had a concussion? Are you still experiencing headaches, dizziness or neck pain weeks later?**

*If the answer is yes, you would likely benefit from Pivot Physical Therapy's  
Concussion Rehabilitation and Management Program.*

If not accurately diagnosed and treated, a concussion or concussion-related problem can cause damage to multiple areas of the body and result in a prolonged recovery. At Pivot Physical Therapy, each post-concussion patient receives a comprehensive evaluation and individualized treatment plan using safe, structured progressions. Our goal is to aid in the recovery process until each patient is symptom free and has met all criteria to return to full activity and sport participation. If you are experiencing prolonged symptoms from a concussion, call today to set up your initial evaluation.

### **Post-Concussion Symptoms:**

- ✓ Balance difficulties
- ✓ Headaches
- ✓ Dizziness
- ✓ Difficulty concentrating
- ✓ Memory problems
- ✓ Fatigue
- ✓ Sensitivity to light or noise
- ✓ Irritability
- ✓ Blurred vision

**Sports-related injuries is only one  
common cause of concussions.**

**OTHERS  
INCLUDE:**

1. Vehicle accidents
2. Work injury
3. Falling

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